

# Are you worried about domestic or sexual abuse?

Our Irish & Irish Traveller Project provides free, confidential & specialist support for women and girls of Irish descent in London.

For help call  
**0808 802 5565**

we listen. we believe. we never judge.

**solace**

advice & support

[solacewomensaid.org](https://solacewomensaid.org)

# There is life after abuse. Free & confidential support for Irish & Irish Traveller women in London.

Abuse can be physical, sexual, emotional or financial which takes place within an intimate or family relationship. Abuse can include neglect, controlling behaviour, and honour based violence.

If you are being abused, remember you are not alone. We can help you by providing advice and support with:

- Improving your safety
- Housing and homelessness
- Finances and welfare benefits
- Access to legal services
- Parenting and children
- Emotional support including specialist counselling for all genders, group work, and children and young persons art therapy

We provide individual support over the phone and in person. We also run workshops to raise awareness about domestic and sexual abuse for Irish and Irish Traveller women and young people.

In partnership with:



Funded by:



Government of Ireland  
Emigrant Support Programme



An Roinn Gnóthaí Eachtracha agus Trádála  
Department of Foreign Affairs and Trade



0808 802 5565



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solacewomensaid.org



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If you are in immediate danger  
call the police on 999

[solacewomensaid.org](https://solacewomensaid.org)

Solace Women's Aid is a charity registered in England & Wales.  
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