

Are you worried about domestic or sexual abuse?

The Solace Advocacy and Support Service is available to support people of any gender who live in Waltham Forest.

For help call
07340 683382



solace in Waltham Forest

solacewomensaid.org



Free & confidential support for people of any gender in Waltham Forest.

Abuse can be physical, sexual, emotional or financial which takes place within an intimate or family relationship.

Abuse can include neglect, controlling behaviour, forced marriage, honour based violence or female genital mutilation.

If you are being abused, remember you are not alone.

We can help you by providing advice and support with:

- Improving your safety
- Housing and homelessness
- Finances and welfare benefits
- Access to legal services
- Parenting and children
- Emotional support



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If you are in immediate danger call the police on 999

solace