



If you are experiencing domestic abuse, you are not alone.

Talk to your GP. Any member of staff can make a referral to Solace Women's Aid's Tower Hamlets IRIS Service. If you are registered with the GP in Tower Hamlets, you can self-refer by calling 020 3795 9222 or 074 8304 5748.

 **020 3795 9222/074 8304 5748**
 **Thccg.iris towerhamlets@nhs.net**

solace advice & support

NHS
Tower Hamlets
Clinical Commissioning Group