Domestic Violence Aware Practice

If you are being hurt by someone in your family, afraid of someone at home or in a violent relationship you can talk to doctors, nurses, or other staff working here, in private.

IRIS Solace Women’s Aid
iris.walthamforest@solacewomensaid.org
Mobile: 07483 097330
Office: 07340 683382

National Domestic Violence Helpline
0808 2000 247 - freephone, 24hr

Men’s Advice Line - 0808 801 0327
If you are a man who is a victim of domestic violence

Respect 0808 802 4040 - If you are concerned about your own or someone else’s violent behaviour