



solace

advice & support

Domestic Violence Aware Practice

If you are being hurt by someone in your family, afraid of someone at home or in a violent relationship you can talk to doctors, nurses, or other staff working here, in private.

IRIS Solace Women's Aid

iris.walthamforest@solacewomensaid.org

Mobile: 07483 097330

Office: 07340 683382

National Domestic Violence Helpline
0808 2000 247 - freephone, 24hr

Men's Advice Line - 0808 801 0327

If you are a man who is a victim of domestic violence

Respect 0808 802 4040 - If you are concerned about your own or someone else's violent behaviour

solacewomensaid.org

Solace Women's Aid is a charity registered in England & Wales.
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