

## Volunteer Role Description

Solace Women’s Aid supports women and children in London to build safe lives and strong futures, free from domestic and sexual violence and abuse.

<b>Role Title</b>	WRAP Group Facilitator Volunteer
<b>Service</b>	Enfield SASS and Haringey Floating Support
<b>Work Place Supervisor</b>	Group Work Coordinator
<b>Location</b>	Enfield and/or Haringey
<b>Commitment</b>	Any – can be for a one off session or to run a series of sessions. Groups usually take place on mornings during the week.
<b>Duration</b>	Sessions can run for up to 2 hours
<b>Role Description</b>	<p>We are looking for enthusiastic women to run engaging sessions as part of our Enfield and Haringey Group Work Project. The sessions will be a part of a programme of activities and the ability to run it multiple times a year would be beneficial.</p> <p>We are looking for a skill or talent that you would like to share with female survivors of domestic abuse. This may include:</p> <ul style="list-style-type: none"> <li>• <b>Creativity</b> – arts and crafts, making things, knitting/crochet, recycling, upcycling, photography, sketching;</li> <li>• <b>Performance</b> – drama, singing, dance;</li> <li>• <b>Writing</b> – creative writing, poetry; writing a novel;</li> <li>• <b>Health &amp; Wellbeing</b> – pilates, yoga, mindfulness, massage, self-care;</li> <li>• <b>Practical</b> approaches to start and run a business, budget money, life skills.</li> </ul> <p>Or anything else that you would like to share that is enjoyable and rewarding.</p>
<b>Benefits to the volunteer</b>	<ul style="list-style-type: none"> <li>• Gain/increase experience in delivering group work.</li> <li>• Increased awareness of issues relating to domestic abuse and supporting survivors.</li> <li>• Hands on experience in a dynamic charity working in the Violence Against Women and Girls Sector.</li> </ul>
<b>Skills and Qualifications Required</b>	<ul style="list-style-type: none"> <li>• Ability to speak clearly and empathetically to service users. Knowledge of domestic/sexual abuse and possible impacts of this on women and their children.</li> <li>• Knowledge of safeguarding procedures and handling confidential information.</li> <li>• For some activities such as exercise based activities you will need to have appropriate training, qualifications and insurance e.g. yoga – please tell us about these in your application.</li> <li>• We particularly welcome applications from survivors of domestic abuse.</li> </ul>

<b>Training Opportunities</b>	Volunteers will be able to access Solace Women's Aid's induction and internal volunteer training programme. Full support will be given to help volunteers understand and carry out any aspect of the role as appropriate.
<b>Expenses</b>	As per our Volunteer Policy we will reimburse reasonable travel and lunch expenses. Travel expenses will be reimbursed at a maximum of £10 a day. Agreed lunch expenses up to a maximum of £3.50 will be reimbursed for those volunteering for over 6 hours in a single day.
<b>Lived Experience</b>	Whilst we fully recognise the value of lived experience, Solace will not accept a women into a volunteering role unless they have been without their own support from services for a period of two years, as this may negatively disrupt their own recovery journey. Any woman who is actively receiving support from Solace or another domestic abuse service will be offered alternative ways to support the organisation, such as the service user engagement activities.
<b>For more information contact</b>	Volunteer Coordinator Email: <a href="mailto:volunteering@solacewomensaid.org">volunteering@solacewomensaid.org</a> Call: 020 3795 9220