

# Are you worried about domestic abuse?

The Solace Advocacy and Support Service (SASS) is available to anyone aged 16+ who live in Tower Hamlets

For help call  
0203 795 5064

**solace**

in Tower Hamlets

[solacewomensaid.org](https://solacewomensaid.org)



# Free & confidential support in Tower Hamlets.

Abuse can be physical, sexual, emotional or financial which takes place within an intimate or family relationship.

Abuse can include neglect, controlling behaviour, forced marriage, honour based violence or female genital mutilation.

If you are being abused, remember you are not alone and that there is life after abuse.

We can help you by providing advice and support with:

- Improving your safety
- Housing and homelessness
- Finances and welfare benefits
- Access to legal services
- Parenting and children
- Emotional support



0203 795 5064



towerhamlets@  
solacewomensaid.org



solacewomensaid.org

If you are in immediate danger  
call the police on 999

Solace Women's Aid is a charity registered in England & Wales.  
Charity Number 1082450. Company Number 3376716.

solace