Christmas Gift Guide 2022

Thank you for donating to Solace Women’s Aid

Who we are

Solace’s mission is to ensure everyone is able to live safe and independent lives free from fear. We work with around 30,000 people across London through our vital range of services, including Advice & Support, Accommodation, Therapeutic Services, Rape Crisis, Multiple Disadvantage and prevention work with young people.

With the oncoming Cost of Living Crisis that most of us are already starting to feel, the need for donations is increasing. Survivors are struggling to afford daily necessities and as we edge closer to the season of giving, the pressure of gifts, particularly for the little ones, looms. It is always a challenge for women and children escaping abuse, but the economic crisis is unfortunately making it even harder to leave and for those who have managed to take that step, to keep afloat.

Christmas is already a time when survivors can often feel isolated, scared and alone. Your gift donation can make a huge difference.

“I wanted to say how much receiving all those gifts meant to me and it overwhelmed me. I’m really, really happy and feeling cared for. I’ve had a really good day today and I haven’t had one of those for a month or so, so thank you so much.”

2022 Guidelines

- All gifts must be brand new (We cannot accept any second-hand or handmade gifts unless prior agreements have been made)
- All gifts should not exceed a value of £30. (This is to ensure a fair distribution of gifts).
- All gifts must be unwrapped, so we can clearly see contents.

Items we cannot accept

- Sharps including nail scissors, razors.
- Second-hand items.
- Handmade gifts (unless previously agreed).
- Any electrical items (not including battery-powered).
- Alcohol.

We will be checking items on delivery and will have to refuse your donation if you include any of these items.

Free advice line
0808 802 5565

solacewomensaid.org
Registered address: Moore Kingston Smith | Devonshire House | 60 Goswell Road | London | EC1M 7AD
Registered in England and Wales (3376716). Charity Number 1082450
Gift Ideas for children

- Small Lego or building block sets
- Arts and craft sets
- Books, Stickers and stationary
- Soft toys and dolls
- Learning games for below 3 years old
- Costumes (Spiderman, Princess etc.)
- Hair accessories (in particular products for afro hair)
- Puzzles
- Sports equipment (footballs, bat and ball, hula hoops etc.)

Gift ideas for teenagers

- Headphones (both in ear and over ear)
- Gift Sets - shower, bath, makeup
- Art supplies
- Gift Cards for Primark, Boots, Superdrug etc.
- Make up & hair products (in particular products for afro hair)
- Jewellery
- DVDs
- Clothing (t-shirts, pyjamas, slippers)
- Light up Shower speaker
- Led photo clip string lights
- Board Games
- London Activity Gift Cards (Junior driving, laser tag, Go Ape, crazy golf etc.)

Gift ideas for women

- Gift sets (or equivalent of special toiletries)
- Afro hair products and Asian hair oil
- Make-up for a range of skin tones
- Hat/scarf/gloves gift sets
- Slippers
- Perfume
- Jewellery sets
- Notebooks, diaries and adult colouring books
- Handbags
- London Activity Gift Cards (Afternoon tea, cinema tickets, comedy nights etc.)
Safe Lives.
Strong Future.

Shop independent

We encourage you where you can, to show support for your local, independent businesses this Christmas. Below is a short list of great independents and some of our partnered organisation, for your Christmas shopping needs.

- Sister & Co. [https://sisterandcompany.co.uk/](https://sisterandcompany.co.uk/)
  Long-time supporters of Solace, they sell bath and body products. Every £1 from each candle sold is donated back to Solace too!
- Handmade by Dayo [https://handmadecardsbydayo.com/](https://handmadecardsbydayo.com/)
  Beautiful and unique handmade greeting cards. For every card sold, 30p is donated to Solace.
- Bookshop.org [https://uk.bookshop.org/](https://uk.bookshop.org/)
  A great alternative to Amazon to support independent booksellers.
- New Look [https://www.newlook.com/uk](https://www.newlook.com/uk)
  London based New Look shops have been fundraising for Solace throughout the year, with collections at the tills of each shop. Why not make your gift have double the impact.

Gift cards

We are particularly encouraging donations of gift cards. This gives survivors more choice to purchase what they want/need, which can be really empowering. It also gives parents the opportunity to purchase presents for their children. Below is a useful list of gift card suppliers.

- HighStreetVouchers
- Boots
- Waterstones
- New Look
- Supermarkets (Waitrose/John Lewis, Sainsburys, Tesco’s)
- Love2Shop

Experiences are also a great gift whilst being something a little bit different. With these items, you can give a range of experiences that can be used anytime for up to 12 months, and for many, can give freedom of shows or locations, giving survivors that flexibility.

- Virgin Experiences
- BuyAGift

If you would like to support our Solace gift drive or have any questions, please contact z.neylandecourci@solacewomensaid.org.