

Volunteer Role Description

Solace Women’s Aid supports women and children in London to build safe lives and strong futures, free from domestic and sexual violence and abuse.

Role Title	Volunteer Staff Counsellor
Service	Solace
Closing Date	Applications will close once all volunteer roles are filled
Interview Date	On a rolling on basis
Work Place Supervisor	Asalet Tulaz- Staff Wellbeing Lead
Location	Across London (Mixed delivery of remote and in person sessions)
Commitment	Minimum of 1 year commitment required
Duration	Hours: Minimum of 4 clinical hours a week +admin time
Role Description	<p>The ideal candidate will be either a fully qualified counsellor or a trainee counsellor in final years of qualification with some clinical hours & experience. Having prior experience/background in providing direct support to staff or service users in VAWG setting is preferred. The ideal candidate will have a good understanding of the specific challenges of working in the VAWG setting and will be able to identify the signs and symptoms of burnout, work related stress, vicarious trauma and compassion fatigue and support staff around these.</p> <p>The successful candidate will provide a holistic, weekly one to one therapeutic support to Solace staff, which can be accessed online, over the phone and in person. You will work within a modal that consists of trauma focused, multi-modal, integrative interventions with an objective of optimising resilience, facilitating wellbeing and support staff with their MH, personal and work related issues</p>
Benefits to the volunteer	<ul style="list-style-type: none"> -Having the opportunity to accumulate clinical hours towards accreditation - gaining an in-depth understanding around working therapeutically with employees in VAWG setting - working for an organisation committed to support survivors within a holistic and empowerment framework. -Promoting staff wellbeing and ensuring they can be safe, resilient practitioners
Skills and Qualifications Required	Fully qualified or trainee counsellors in their final years of training with clinical experience.

	To be a BACP/UKCP registered counsellor, either accredited or working towards accreditation.
Training Opportunities	Volunteers will be able to access Solace Women's Aid's induction and internal volunteer training programme. Full support will be given to help volunteers understand and carry out any aspect of the role as appropriate.
Expenses	As per our Volunteer Policy we will reimburse reasonable travel and lunch expenses. Travel expenses will be reimbursed at a maximum of £20 a day travel card. Agreed lunch expenses up to a maximum of £5.00. These amounts will be reimbursed for those volunteering for over 6 hours in a single day.
Lived Experience	Solace recognises the expertise and perspective that women with lived experience bring to their volunteering roles. We also recognise the potential for re-traumatisation that may occur whilst volunteering. We will therefore consider each volunteer opportunity on a case by case basis, with a focus on the suitability of that individual for that specific role. Suitability for the role will be determined by the Service Manager at the point of interview and will not be solely based on the length of time elapsed since receiving a service. Women cannot volunteer for a service in the same borough as where they received Solace services.
For more information contact	Marylyn Molisso: Volunteer Coordinator Email: volunteering@solacewomensaid.org

At Solace we are committed to creating a diverse and inclusive environment for our volunteers. The Service Users we support come from all backgrounds and we want to reflect that in our volunteering team. We are happy to consider any adjustments you might need to support you in your role. If you would like to discuss this further with the volunteer team, please contact us at volunteering@solacewomensaid.org. This will not affect your application.